

Crisis-Stabilization Unit Schedule - Draft

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:00am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
		Medications & Vitals	Medications & Vitals	Medications & Vitals	Medications & Vitals	Medications & Vitals	Medications & Vitals	Medications & Vitals
8:00-8:50am		Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing
9:00-9:50am	MD Rounds with Patients (Monday through Friday, 9-12)	Exercise Group Nursing/Rec Therapy <i>MO NASSER 9:30-9:55</i>	Goals Group Nursing/Psych Rehab <i>JAMI ECKOLS-LEONARD</i>	Exercise Group Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>KARRISA WHITE</i>	Goals Group Nursing/Psych Rehab <i>TYNE CARRINGTON</i>	Walking Group Nursing/Rehab <i>JAMI ECKOLS-LEONARD</i>	Goals Group Nursing	Personal Time
10:00-10:50am		CD Education <i>Valerie Fayle & Andre Villoutreix</i>	Outcomes Research	Wellness Planning and Readiness Nursing/Psych Rehab <i>TYNE CARRINGTON</i>	Sleep Education Sleep Medicine/Nursing	Personal Time	Personal Time	Wellness Planning and Readiness Nursing
11:00-11:50am		Scheduled Appointments, Visitation or Personal Time	Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>ASHLEY AZARE/KALLIE STARR</i>	Scheduled Appointments, Visitation or Personal Time	Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>ASHLEY AZARE</i>	Scheduled Appointments, Visitation or Personal Time	Scheduled Appointments, Visitation or Personal Time	Scheduled Appointments, Visitation or Personal Time
12:00-1:00pm		Lunch		Lunch	Lunch	Lunch	Lunch	Lunch
		Terrace*	Terrace*	Terrace*	Terrace*	Terrace*	Terrace*	Terrace*
1:00-1:50pm		ACT with Linda McAlister	Rx Education Pharmacy	Music Therapy Psych Rehab <i>Chris Webb</i>	Healthy Relationships with Darcy Boardman	Coping Strategies (CBT-DBT-ACT) Nursing/Psych Rehab <i>JAMI ECKOLS-LEONARD</i>	Support Group Social Work	Recovery Education Peer Recovery w/ Andre Villoutreix
2:00-2:50pm		Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>MO NASSER</i>	Coping Strategies (CBT-DBT-ACT) Nursing/Psych Rehab <i>JAMI ECKOLS-LEONARD</i>	Yoga & Meditation Rec Therapy <i>ASHLEY AZARE</i>	Creative Expressions Psych Rehab <i>BRITTANY MACEDO</i>	Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>KALLIE STARR</i>	Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>REC THERAPIST</i>	Gym (Nursing) or on-unit Exercise Group (Rec Therapy) <i>REC THERAPIST</i>
3:00-3:50pm		Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing	Individual Safety Planning Rounds with Nursing
4:00-4:50pm		Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation	Other Scheduled Appointments and Visitation
5:00-6:00pm		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
		Terrace*	Terrace*	Terrace*	Terrace*	Terrace*	Terrace*	Terrace*
6:00-6:50pm		Leisure Awareness Rec Therapy <i>MO NASSER</i>	Personal Time	Rec Therapy Activity Nursing/Rec Therapy <i>ASHLEY AZARE</i>	Personal Time	Leisure Awareness Rec Therapy <i>ASHLEY AZARE</i>	Personal Time	Crafts Nursing/Rec Therapy <i>EDIE HEDMAN</i>
7:00-7:30pm		Leisure/Break	Leisure/Break	Leisure/Break	Leisure/Break	Leisure/Break	Leisure/Break	Leisure/Break
7:30-8:00pm		Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing	Evening Wrapup/Community Meeting Nursing
8:00-9:30pm		Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks	Leisure Time, ADL's, Medications, Snacks
9:30-10:00pm		Sleep Promotion Relaxation Group Nursing						

