

Alumni Menninger Alumni Association Newsletter



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Dr. Walt honored in Houston

An evening of fun mixed with a theme of hope marked the first Menninger-Baylor College of Medicine-Methodist Hospital (MBM) Foundation Board of Visitors (BoV) Hope Award Dinner. The event raised \$100,000 in honor of outgoing board chairman W. Walter Menninger, MD.

Dr. Walt enlivened the crowd of 90 visitors and staff with a spirited reading and a read-a-long of Dr. Seuss' book, *Oh, the Places You'll Go*. The book is a favorite of Dr. Walt's for its clear messages concerning motivation to succeed and the importance of setting goals. The most relevant aspect of this book is the focus on self-determination.

The award dinner preceded the spring business meeting of the BoV.

In addition to understanding the Menninger mission, Visitors, who are made up of a cross-section of successful individuals from business, civic service and psychiatry, work to generate gifts and encourage others to support the mission, provide Menninger with their expertise and time and accept three-year terms.

The award was conceived as an annual event to honor a Visitor who supports Menninger's mission in an exceptional way. As board chairman, Dr. Walt's efforts helped establish a strong board of more than 70 Visitors, individuals from across the nation who support the Menninger mission of treatment, education and research.

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Dr. Walt signs Dr. Seuss books as Stuart Yudofsky, MD, chairman, Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, chats with Phil Holtzman, PhD.

Help us update directory

The Alumni Directory, which notes the current whereabouts of Menninger graduates, will soon be updated, republished and sent to alumni. Please e-mail or mail your personal information so we can produce the most up-to-date directory possible. Please contact alumni@menninger.com or mail your information to Menninger Alumni, PO Box 809045, Houston, TX 77280.

In the event we do not receive your information, we will reprint your listing as it appeared in the

previous edition. Deadline is Sept. 15, 2005.

"A new directory is overdue," said Ian Aitken, Menninger president and CEO. "We know a directory is essential as a way for staying in touch with classmates and colleagues. The directory is also widely used as a resource for referrals in search of a Menninger-trained professional."

Listings may include name, degree, home or business address, home and business phone number, e-mail address and class year.

The Menninger Clinic was ranked among the top ten in the nation in the annual *survey by U.S. News & World Report*. (Story P. 10).

Did you participate? If so, we'd like to speak with you. Please call Shawna Morris, 713-275-5032 or e-mail smorris@menninger.com.

Getting there from here

By Ian Aitken
President and CEO

In the 'for-profit' world, leaders maximize the return on investors' capital. At Menninger, we believe that healthcare should not be operated for proprietary interests.

We are not concerned with investors' capital. Rather we are concerned with restoring the lives of those who are at risk of losing theirs. It is inconsistent to believe that we should make a profit on that ideal. Menninger is a NOT for-profit organization, and so it should be.

How then are we able to obtain the money we need to pay staff and cover the other expenses of world-class care? As you know, it doesn't come cheaply. Last fiscal year it cost almost \$26 million to provide care to an average of 100 patients a day all year, or approximately \$760 per patient/day.

We earn most of that money by billing for our services, which comes primarily from the pockets of those who we treat or from their families. In spite of that, we lost money last fiscal year, primarily due to a worse-than-expected second quarter, although we made up substantial ground in the last quarter.

There is a general feeling among Menninger leaders that our ability to flex upward runs out somewhere between a 105 and 110 census. As a result, we have set the patient day target for this fiscal year at several patient days less than last year (average of 99.7 patients per day) rather than increasing it as we have in previous years.

Additionally, we have invited management to identify the correct resource level to serve this patient population based upon our two-year history in Houston.

Finally, we are looking at outcome data to ascertain whether



Ian Aitken, Menninger president and CEO

what we do is effective for our patients and families.

Financial planning, if valuable at all, must be based upon reality. It is necessary to face the tough questions.

Here are some of ours:

- How many patients are we able to treat within each program in a manner consistent with our values every single day of the year?
- Are we able to invest in training, education and recruitment of staff so that our performance improves, our competence grows and we become more effective and efficient?
- Does our outcome data demonstrate that we are producing the intended results?
- Viewed in comparison with the cost of our service, does the outcome data suggest that we are

producing value?

- Are the results distinctive in the national market?
- Can we sell our services for the same amount it takes to produce them in the quantity we need?
- Are we able, within available resources, to comply with all the applicable regulations and to meet standards of patient safety?
- Are we able to raise funds from donors and organizations to support the training and research components of the mission?
- Are we able to invest in technology that will make us more efficient and effective? Are we able to invest in an improved plant and equipment?
- Are we having any fun?

We will be wrestling with these issues and many more.

One thing is certain: When we complete the final year of the trial period with the success that we predict for our organization, there will be no doubt that we did it "the old fashioned way—we earned it."

Leadership of the Menninger-Baylor College of Medicine-Methodist Foundation Board of Visitors has transferred from Walter Menninger, MD, who retired from the Board, to Philip J. Burguières, incoming chair for the next two years. Mr. Burguières, a respected and successful Houston businessman, challenged and thrilled the Board with his vision for the future.

He stated that his primary focus is the patients and their caregivers. As a consumer of mental health services, he understands and is committed to keeping all efforts on the patient. Hearing that the vision of the Board of Visitors is synchronous with that which we have for The Clinic should be affirming to us all.

Fondren Foundation grant supports training fellowship

Kelly Vance, MD, the first Fondren Fellow, has received the Fondren Award for outstanding service to The Menninger Clinic by a resident in psychiatry.

The award was presented during graduation ceremonies from the Menninger Department of Psychiatry & Behavioral Sciences at Baylor College of Medicine.

The Fondren Fellowship is a new training opportunity for fourth-year residents in psychiatry who train at The Clinic.

The Fondren Foundation, among the largest Texas-based philanthropies, provided a grant of \$100,000 to support the Resident Training Program at The Menninger Clinic.

Participants in the program train at The Menninger Clinic under the supervision of senior mental health professionals. Residents and fellows in adult and child psychiatry, fellows and interns in psychology and in social work train at The Clinic.

Dr. Vance spent a total of nine months at The Menninger Clinic, six months with the Professionals in Crisis Program and three months on the Obsessive-Compulsive Disorders Treatment Program.

She said she was pleased to train at Menninger because of its balanced approach to treatment, which values both psychotherapy and medication. Treatment team meetings have also impressed her as she has observed the beneficial exchange of information among staff members as individual patient treatments are adjusted in response to patients' progress.

The fellowship comes with a stipend.

"We are delighted and appreciative of this support for Menninger's educational mission," said Richard Munich, MD, Menninger vice



Kelly Vance, MD, a fourth-year resident in psychiatry, is the first healthcare professional to be chosen to receive a Fondren Fellowship.

president and chief of staff and vice-chairman of the Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine.

"Menninger's long history of education is responsible for producing thousands of mental health professionals who have contributed significantly to reducing the suffering of individuals in the grip of mental illness. We are very grateful to all members of the Fondren Foundation for this generous gift," Dr. Munich said.

Trustees of the Fondren Foundation who are also members of the Menninger-Baylor College of Medicine-Methodist Foundation Board of Visitors include:

- Walter and Frances Fondren
- Ann Gordon Trammell
- Sue T. Whitfield (Mrs. William Whitfield)

Francys Wilson (Mrs. Robert C. Wilson III)

"Support for training at The Menninger Clinic is in keeping with the educational tradition of the Foundation," said Mrs. Wilson. "We're excited that Menninger is here in Houston and we are happy we can help."

A dedicated family

The Fondren Foundation was established in 1948 by Ella Florence Fondren, the widow of Walter W. Fondren, one of the founders of Humble Oil and Refining Company (later Exxon Company, U.S.A.). The Foundation supports education, health and human services.

Both Ella and Walter Fondren were self-made people, having lost parents at an early age. They met in her family's Corsicana, Texas, boarding house, where he stayed while working in the oil fields and where she worked to support her five brothers and one sister. Walter worked as an independent driller who later credited Ella with providing savvy advice on acquiring some of his oil leases.

Success eventually led him to become the largest stockholder in Humble Oil and he helped build the company into a worldwide firm. He died suddenly in 1939, leaving an estate worth in excess of \$33 million.

Mrs. Fondren died in 1982, shortly before her 102nd birthday. She outlived all three of her children.

During their lifetimes, the Fondrens supported a range of charitable causes and contributed to educational and medical programs, including The Methodist Hospital and Baylor College of Medicine, Menninger's two main partners.

Dr. Walt receives first Hope award

(Continued from Page 1)

“We wanted to create an award that encourages our goals,” said Ian Aitken, Menninger CEO and president.

“Hope is central to patient care. We also wanted to make this award as unique as our mission.”

The Menninger Hope Award given to Dr. Walt was a limited edition print by the late Theodore Geisel, whose pen name was Dr. Seuss. The print was an illustration from the Dr. Seuss book.

For many years, Dr. Walt would read the book at Menninger graduations as a way of launching mental health clinicians on to their careers. While comical and whimsical, the book’s verses offer hope, universal truths, wisdom and useful advice.

Following his acceptance of the award and making his remarks, Dr. Walt invited the gathering to read along with him in a revival of tradition, as a way of encouraging the inaugural Visitors on their journey as ambassadors for Menninger. Dr. Walt’s reading and the evening ended with a standing ovation.

Among the evening’s speakers was Chief of Staff Richard Munich, MD, who emphasized the importance of the BoV to Menninger.

“Mental illness requires a big voice,” Dr. Munich said. “As you succeed, our patients succeed. It is our obligation—yours and mine—to work on behalf of those people whose faces you will never see, and whose names you will never know. Walt knows this better than any of us. And he knows the Board of Visitors can make the future happen for Menninger, its patients and all the patients who will one day turn to us for help.”



Some of the Menninger alumni who gathered at the Hope Award Dinner in Houston included, left to right, Efrain Bleiberg, MD (MSP '77, C '79), Houston, TX, Leonard J. Duhl, MD (MSP '49), Berkeley, CA, and Donald W. Hammersley, MD (MSP '49), Bethesda, MD.



Walt Menninger, MD (MSP '58, MSP-M '91), left, chats with Jorge de la Torre, MD (MSP '61), one of the speakers participating in the Hope Award ceremony to honor Dr. Walt’s activities helping organize the Board of Visitors.

Son's book recounts his POW father

In *Conduct Under Fire*, John A. Glusman chronicles the fierce, bloody battles of Bataan and Corregidor in the Philippines, legendary events in the annals of World War II. Those who survived faced the horrors of life as prisoners of the Japanese. One of those survivors was Mr. Glusman's father, Murray, a medical doctor who would go on to train at Menninger with the class of 1947.

John Glusman's book documents the lives of prisoners of war (POWs) through the eyes of his father and three fellow Navy doctors captured on Corregidor in May 1942.

According to the publisher, Viking, "Here are the dramatic stories of the fall of Bataan, the siege of 'the Rock,' and the daily struggles to tend the sick, wounded and dying during some of the heaviest bombardments of World War II.

"Here also is the desperate war doctors and corpsmen waged against disease and starvation amid an enemy that viewed surrender as a disgrace. To survive, the POWs functioned as a family. But the ties that bind couldn't protect them from a ruthless counteroffensive waged by American submarines or from the

B-29 raids that burned Japan's major cities to the ground. Based on extensive interviews with American, British, Australian and Japanese veterans, as well as diaries, letters and war crimes testimony, this is a harrowing account of a brutal clash of cultures, of a race war that escalated into total war."

Upon his return from Japan and the war, Dr. Glusman (MSP '47) attended the Karl Menninger School of Psychiatry & Mental Health



Menninger alumnus, Lt. j.g. Murray Glusman, MC USNR, en route to the Philippines on the *President Garfield*, August 1941. "As the ship slowly pulled away... I saw the last thin tie that bound me to the life I had known & loved just flutter to the pier & into the bay to become no more than a bit of refuse." *Author's collection.*

Sciences and became certified in psychiatry and neurology. It was during his training that Dr. Glusman met his future wife, Louise Johns Coleman, MD (MSP '48).

Dr. Glusman became a Professor of Clinical Psychiatry at Columbia University, School of Physicians & Surgeons, and created the Department of Behavioral Physiology at the New York State Psychiatric Institute. He was primarily involved in animal behavior research, but also had a small clinical psychiatry practice. He semi-retired in 1995, at the age of 80, and moved to Woods Hole, Mass.

Dr. Glusman died on January 26 of leukemia in Palm Beach Gardens, Florida. He was 90. (See obituary, Page 8.)

"He read every word of the manuscript before he passed away in late January," Mr. Glusman said. "He was initially reluctant to have this story told—he didn't want his role exaggerated and never felt he'd done anything extraordinary. From that



The cover of *Conduct Under Fire* by John A. Glusman, the son of a Menninger alumnus.

initial reluctance, he grew to be enormously pleased and proud of the book. And surprisingly, for someone who was not normally outgoing or particularly loquacious, he had no objections over the material I decided to include, much of which was deeply personal."

In addition to his work as an author, Mr. Glusman is editor-in-chief at Farrar, Straus & Giroux, the renowned international publishing house.

News, notes

Jim Roberts, MSW (MFTA '89), has published *Deliberate Love: How Couples Can Deepen and Sustain Intimacy with the Mindful Use of Attention*. The \$18.95 paperback book is published by N. L. Euwer & Co.

Mr. Roberts has been a marriage and family therapist for 25 years and a clinical member of the American Association for Marriage and Family Therapy since 1981. He has lectured nationally on marriage and family therapy and has been a commentator on mental health and family life on National Public Radio's "All Things Considered." He is in private practice in Kansas City.

Mr. Roberts said he wrote the book because, "I believed I had something to offer couples and other therapists. I also wanted to have something to offer my clients that would be concise and readable and would cover the most essential advice for couples seeking more harmony in their relationships."

Mr. Roberts contends that love isn't something we just fall into. Instead, it is a conscious bond we can nurture through educated, intentional choices. *Deliberate Love* presents clear and easy-to-understand principles, along with real-life examples, designed to work as successful tools in bringing positive changes to troubled relationships.

The book is available at Borders and Watermark Books. It can also be ordered through Book Kansas! at (877) 878-8127 or www.bookkansas.com. For more information about Mr. Roberts, visit www.DeliberateLove.com.

Three Menninger staff members presented at the 2005 meeting of the American Society of Adolescent Psychiatry in Houston. Flynn O'Malley, PhD (MSP-A '93), Clinical Director of the Menninger Adolescent



Roberts



Yudofsky



Allen



Bleiberg

Treatment Program, gave two presentations entitled "A Model for Intensive Residential Psychiatric Treatment of Adolescents" and "Treating the Transgendered Adolescent with Co-Morbid Condition." Professionals in Crisis medical director Efrain Bleiberg, MD, presented on family therapy. John Sargent, MD, former director of Menninger education, presented "Adulthood for Adolescents with Chronic Medical and Mental Health Problems."

Walter Menninger, MD (MSP '58, MSP-M '91), published "Contributions of Dr. William C. Menninger to Military Psychiatry," in the *Bulletin of the Menninger Clinic*, Vol. 68, #4 (Fall) 2004 pp 277-296.

Harriet Lerner, PhD (P-'72, MSP-M '94), a best-selling author, is writing a column for the magazine, *Imagine*, a new publication for independent thinkers. The magazine's mission, say the editors, is to stir creativity, spirit and the will of its readers in their continuing pursuit of

personal growth. Dr. Lerner specializes in the psychology of women and family relationships.

For more than two decades, Dr. Lerner was a clinical psychologist and psychotherapist at The Menninger Clinic and a faculty member of the Karl Menninger School of Psychiatry & Behavioral Sciences. She currently has a private practice in Lawrence, Kansas. Dr. Lerner is the author of 10 books, including the best seller, *The Dance of Anger*, recently released as a special 20th anniversary issue. Dr. Lerner's *The Dance of Fear* is now available in paperback.

Stuart C. Yudofsky, MD, chairman of the Menninger Department of Psychiatry & Behavioral Sciences at Baylor College of Medicine, has published *Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character*. Published by American Psychiatric Publishing, Inc., *Fatal Flaws* provides both mental health professionals and their patients with practical and effective help in understanding and changing destructive relationships with those who have severe and persistent personality and character disorders.

"*Fatal Flaws* is that rare cross-over book that effectively speaks to both patients and psychiatrists," said Ethel S. Person, MD, professor of Clinical Psychiatry, College of Physicians and Surgeons, Columbia

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www.MenningerClinic.com

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University. "Case studies of novelistic intensity pull the reader into the dual perspectives of the patient and of the psychiatrist...My hunch is that therapists will refer this 'must-own' book to their patients and patients will refer it to their therapists."

Dr. Yudofsky, who is also D.C. and Irene Ellwood Professor, defines "a fatal flaw" as a personality disorder that is not amenable to change and one that will likely result in serious injury or violations of the law. The eight personality disorders that most often lead to fatal flaws include impairments characterized as hysterical (histrionic), narcissistic, antisocial, paranoid, obsessive-compulsive, addictive, borderline and schizotypal.

Fatal Flaws details principles for interacting and helping people with impaired personalities and provides a fatal flaws quiz to determine whether loved ones have personality or character disorders. Dr. Yudofsky is a prolific author and a frequent speaker. More about the book is available at www.appi.org.

Pam Greene, PhD, RN, director of Menninger Nursing Practice and Research, has been appointed to the editorial advisory board of **Advance for Nurses**, a nationwide periodical for nurses with editions published regionally.

Ed Poa, MD (MSP '99), has been appointed medical director of the Compas Young Adult Program, according to Menninger Chief of Staff Richard Munich, MD. Dr. Poa began his residency at the Karl Menninger School of Psychiatry & Mental Health Sciences in 1999 before completing his residency at the Department of Psychiatry at Baylor College of Medicine. He rejoined Menninger in Houston in 2002.

Compas treats 18- to 30-year-olds who have major psychiatric disorders that may be complicated by

chemical dependency or a personality disorder. Dr. Poa, who is also assistant professor with the Department, was awarded a distinguished Seeley Fellowship during his Menninger training. He was awarded the Psychiatry Resident Teaching Award during his training at Baylor. His early research has focused on computerized mental status testing for elderly persons with Alzheimer's disease.

Researchers at the Menninger

Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, are investigating whether magnetic energy can be effective in treating depression through a non-invasive means. Called Transcranial Magnetic Stimulation (TMS), the technique uses repeated short bursts of magnetic energy to stimulate nerve cells in the brain. Treatment of major depression, which affects more than 18 million Americans a year, currently involves approaches that may include antidepressants, electroconvulsive therapy and/or psychotherapy.

"We're excited to be participating in this landmark research for a new antidepressant," said Lauren Marangell, MD, the study's principal investigator and associate professor of psychiatry. "If proven effective, TMS could signal a radical shift in our approach to treating major depression." The study's sponsor, Neuronetics Inc., is a medical device company that is focused on developing therapies for psychiatric and neurological disorders by using the energy in magnetic fields.

Roy Menninger, MD, Menninger president and CEO for 26 years before retiring in 1992, has accepted a four-year appointment to the Mental Health Planning Council of Kansas. The function of the council is to advise the governor on adult services issues.

"Mental health issues too often do not receive the attention they de-

serve," said Gov. Kathleen Sebelius, in announcing the appointment. "I'm pleased that Dr. Menninger has accepted this appointment and will continue to use his extensive experience to help Kansans."

Stephen Blum, PhD (P '82), now hosts a nighttime radio show in Kansas City. Called "Empowering Our Children," the show airs Tuesdays at 5 pm Central Time on KCTE 1510AM. Dr. Blum, the show's host, interviews mental health professionals from the Kansas City community about issues important to children and families. The show has explored such topics as attention deficit disorder, compulsive gambling and childhood behavior problems. Dr. Blum indicated that listeners may hear the show from anywhere via the station's Website at www.1510.com.

Jon Allen, PhD, senior Menninger psychologist, presented the keynote speech at the 19th national Conference on the Family in Stress in Santa Fe, New Mexico. Dr. Allen presented "Coping with Trauma: Hope Through Understanding" as the keynote and "The Catch 22s of Depression" during a second talk. The event was sponsored by the Institute for Integral Development. Dr. Allen holds the Helen Malsin Palley Chair in Mental Health Research and is Professor of Psychiatry in the Menninger Department of Psychiatry and Behavioral Sciences at the Baylor College of Medicine.

Douglas O. Jones, MD (MSP '95, C '98), a child psychiatrist, has joined Shunga Creek Mental Health Services in Topeka. Dr. Jones primarily sees children ages 3 to 12, and will see adolescents and adults as well. Dr. Jones is experienced in treating children with mood or attention disturbances and has treated hundreds of cases involving attention-deficit hyperactivity disorder. Most recently he was in private practice in Kansas City.

In memoriam

Editor's note: We remember alumni, faculty and friends in gratitude for the relationships we had with them and for how our lives and the lives of others were enriched by them.

H. Harlan Crank, MD

H. Harlan Crank, MD (MSP '38), died June 26, 2005, in Austin, Texas. He was 97.

A psychiatrist and psychoanalyst who practiced in Houston for 24 years, converted a residence into a garden spot as a peaceful place for therapy and healing.

Following training at the Karl Menninger School of Psychiatry & Mental Health Sciences, Dr. Crank became an associate staff member at The Clinic, while training as a psychoanalyst.

During World War II, Crank served in the Navy in the Pacific. He treated injured servicemen and drove an ambulance during the invasion of Okinawa in 1945. After the fighting on the island ended, Dr. Crank stayed on and practiced general medicine, treating servicemen and Okinawans, including those suffering from tropical diseases, leprosy and tuberculosis.

After the war, Dr. Crank returned to Menninger as an associate professor of psychiatry.

In 1950, he relocated to Houston, where he also was clinical associate professor of psychiatry at Baylor College of Medicine. In 1974, Dr. Crank moved to Austin, where he practiced and was a consultant for the Austin State Hospital and for the mental health division of the Student Health Center at UT-Austin. He retired in 1997.

Rudolf Ekstein, PhD

Rudolf Ekstein, PhD, died March 18 in Los Angeles of natural causes. He was 93.

Certified in psychology and an



Harper



Miller

honorary member of the Menninger Alumni Association, Dr. Ekstein was awarded the I. Arthur Marshall Distinguished Alumnus Award in 1986. Dr. Ekstein served as president of the Topeka Institute of Psychoanalysis during his Menninger Foundation work in the 1950s, where, in addition to his many duties at Menninger, he also investigated altered ego states in children.

At the Institute, Dr. Eckstein was among a cosmopolitan group of analysts from Europe and London that included Ishak Ramzy, Herman van der Waals and Nellie Tibout.

A Viennese-trained psychoanalyst, he was a fixture at Los Angeles' Reiss-Davis Child Study Center and was a well-known expert in treating emotionally disturbed children. An educator as well as an analyst, Dr. Ekstein wrote several books, including *Children of Time and Space, of Action and Impulse*, published in 1966, and, with others, a study of the psychoanalytic treatment of severely disturbed children in 1971. As coordinator of training and research at Reiss-Davis for Rocco L. Motto, MD, a longtime Menninger supporter, he directed its childhood psychosis project. Drs. Ekstein and Motto also co-edited a book, *From Learning for Love to Love of Learning: Essays on Psychoanalysis and Education*.

Among his other books is *The Teaching and Learning of Psychotherapy*, co-authored with Menninger alumnus, Robert S. Wallerstein, MD (MSP '49, MSP-M '72).

Murray Glusman, MD

Murray Glusman, MD, a 1947 graduate of the Karl Menninger School of Psychiatry & Mental Health Sciences, died on January 26, 2005, of leukemia in Palm Beach Gardens, Florida. He was 90. Dr. Glusman was certified in psychiatry and neurology.

As a Columbia University professor of clinical psychiatry and former chief of the department of behavioral physiology at New York State Psychiatric Institute, Dr. Glusman was called up for active duty in July 1941. Assigned to the Philippines, when Corregidor fell on May 6, 1942, Dr. Glusman was among roughly 12,000 Filipinos and Americans taken captive. Then-Lieutenant Glusman spent three years as a prisoner of the Japanese where he served as surgeon or slave laborer. He was liberated in June 1945.

Lieutenant Glusman was awarded two Bronze Stars for his wartime service, and his experiences are recounted in the recently published book, *Conduct Under Fire: Four American Doctors and their Fight for Life as Prisoners of the Japanese, 1941-45*, written by his son, John. The book is published by Viking. (See story, page 5).

On his return from Japan, Dr. Glusman did his psychoanalytic training at The Menninger Clinic in Topeka, Kansas, where he met his future wife, Louise Johns Coleman, also a physician.

After Columbia, he combined his interest in psychiatry and neurology at New York State Psychiatric Institute, where he was named chief of psychiatric research in 1966. There he created the department of behavioral physiology, specializing in the neuroanatomy of fear, anxiety and aggression. He retired in 1995.

Pat Harper, MD

Pat Harper, MD (MSP '75), Edina, Minnesota, died suddenly in mid-April. She was 60. She was the chairperson of Park Nicollet Clinic's

Mental Health Department in Minneapolis.

At Menninger in Topeka, Dr. Harper served as director of the Addictions Recovery Program and was a staff psychiatrist and addictionologist. She was also a faculty member at the Karl Menninger School of Psychiatry & Mental Health Sciences and at the Topeka Institute for Psychoanalysis.

Imre Kaizler, MD

Imre Kaizler, MD (MSP '59), died February 20, 2005, at his home in Coronado, California. He was 79. Dr. Kaizler was buried in Budapest, Hungary, next to the graves of his parents.

Milton H. Miller, MD

Milton H. Miller, MD (MSP '51, MSP-M '80), died April 20, 2005, at his home in San Pedro, California, following a long illness. He was 77.

Dr. Miller was a former chairman of the Psychiatry Department at Harbor-UCLA Medical Center and a longtime champion of mental health care for poor and minority communities. He was professor emeritus of psychiatry and bio-behavioral sciences in the David Geffen School of Medicine.

Also, until his death, Dr. Miller was deputy medical director of the Los Angeles County Department of Mental Health, a position he held for 27 years.

After serving in the Air Force for two years, he joined the faculty at the University of Wisconsin and within six years was chairman of its psychiatry department. In 1978, he became chairman of the Psychiatry Department at Harbor-UCLA near Torrance, a post he held until last Fall, and deputy medical director of the county's Department of Mental Health.

"He was truly inspirational for generations of mental health clinicians," said Dr. Ira Lesser, chairman of psychiatry at Harbor-UCLA. Dr. Miller was the author of *Psychiatry, A Personal View* (1982).

Louis G. Nuernberger, MD

Louis G. Nuernberger, MD (MSP '56), died November 8, 2004, in California, leaving as a legacy, a family of mental health professionals. His daughter holds a bachelor's degree in psychology, a son has a master's in counseling and a nephew holds a doctorate in social work. Dr. Nuernberger was 74.

While attending Menninger, Dr. Nuernberger received a writing award, which was presented by Dr. Karl Menninger, for a paper on twins, and frequently corresponded with Dr. Karl whose letters Dr. Nuernberger saved and treasured, according to his daughter, Greta Nuernberger Ferebee.

In 1980, Dr. Karl, ever the teacher, offered this advice: "You discovered you can do it. Now put yourself in the position of writing. Write many things describing your experiences, your observations, your conclusions. Write them down and show them to somebody who will print them so lots of people can read them."

Dr. Nuernberger, who spent his career as a staff psychiatrist and a teacher in various settings, including private practice, was involved with the National Training Labs in Vermont and Maine in the late 1960s, where he studied the dynamics of small groups and met Charlotte Selver and her husband and colleague, Charles Brooks. He applied their teaching of sensory awareness, a treatment approach grounded in approaching life through an attitude of openness and discovery as opposed to mastering a particular method.

The late Ms. Selver helped inspire the school of psychology that came to be known as the human potential movement whose aim is to unite mind and body.

Dr. Nuernberger "stressed the importance of staying focused on the breath to keep individual awareness in the moment," his daughter said. "*Breathe* was his byline. With the simple word he was able to bring people into a calmer now."

Fae H. Spurlock, MD

Fae Hedrick Spurlock, MD (MSP '54) died Saturday, January 8, 2005, in Indiana. He was 88.

He was a Diplomate in psychiatry, a member of The American Board of Psychiatry and Neurology in 1961 and was a Life Fellow of the American Psychiatric Association. He had a private practice from 1982 to 1993, and was staff psychiatrist at the Purdue University Student Health Center from 1961 to 1983 and limited his private practice to general psychiatry. He had a part-time private practice in Emporia, Kansas, from January 1959 to June 1961. He had four years of personal psychoanalysis under Ishak Ramzy, PhD., chief training analyst at the Topeka Institute of Psychoanalysis from 1956 to 1960.

He was a psychiatric consultant for the State Board of Health, Mental Hygiene Department in Kansas and was a psychiatric administrator and assistant chief of neurology at the Veterans' Administration Hospital in Topeka for three years. He also was staff neurologist and psychiatrist at the Hertzler Clinic in Halstead, Kansas, for two years.

In addition to many teaching and consultant posts, Dr. Spurlock served as a supervisor of Clinical Psychology Department staff conferences for Purdue University and as a physician for the Eli Lilly Company. He also worked as a medical director of an Indiana Soldiers' Home and served as a physician at schools and at a penal farm.

William Viele, MD

William Viele, MD (MSP '50), died on January 13, 1950 in San Clemente, California.

Menninger Clinic ranked among top ten best in nation for 15th year in survey

The Menninger Clinic ranked 10th among the leading psychiatric hospitals in the 2005 list of "America's Best Hospitals" released by *U.S. News & World Report*. This marks the 15th year Menninger has been named among the top 10 best psychiatric hospitals in the annual survey.

Were you surveyed by U.S. News & World Report? We'd like to speak with you. Please call Shawna Morris, 713-275-5032, or e-mail her your phone number to smorris@menninger.com.

Psychiatric hospital ratings are based on the cumulative results of board-certified psychiatrists surveyed in 2003, 2004 and 2005. The psychiatrists were asked to list the five psychiatric hospitals in the U.S. they consider best for difficult cases. Psychiatry is one of five medical specialties measured solely on reputation among physicians surveyed nationwide.

"We have preserved our 80-year tradition of treating the needs of each individual medically, emotionally and socially," said Ian Aitken, Menninger president and CEO.

"The Menninger Way suits the needs of our patients, many of whom have lost hope and have tried other courses of treatment."

"We have a supremely dedicated staff that puts the needs of patients first and believes in the Menninger mission," added Richard Munich, MD, vice president and chief of staff.

Menninger chaplain returns home

After four years as Menninger's chaplain, the Rev. Edith Funk has returned to her family in Topeka, Kansas.

She said she is not necessarily retiring, but will be "redirecting my time and energy."

A search is ongoing for a new chaplain.

The Rev. Funk, a United Methodist cleric with graduate degrees in music, divinity and social work, will pursue several interests in the future including teaching and writing a book to explore "spirituality in mental health—how to have good mental health and how it connects to spirituality."

Most immediately, however, she said she is anticipating the arrival of her second grandson and looking forward to spending time with her 18-month-old grandson.

While much awaits the Rev. Funk back home, she said she leaves The Clinic with fond memories.

"This is absolutely the best job I've ever had, and I'm glad to have had it," she said. "I've worked in churches and schools and I've never experienced the level of respect for my work as I have here."

As she leaves behind her experiences at Menninger, she said she will most miss the "the joy of seeing people experience healing."

Social workers sought for Clinic

The Menninger Clinic has two full-time opportunities for experienced clinical social workers with a focus on adults with chronic mental illness and possibly chemical dependence. The clinical social workers will serve as primary clinicians within the

interdisciplinary teams. The position requires LCSW with current Texas license. Apply online at: www.menningerclinic.com, email resume to: hr@menninger.edu or fax to: 713-275-5116. EOE Equal Access Employer.

Dr. Allen's *Coping with Trauma* is translated into Japanese

The first edition of *Coping With Trauma* by senior Menninger psychologist Jon Allen, PhD (MSP-P '76, MSP-M '96), has been translated into Japanese and published by Seishin Shobo. It's the first of Dr. Allen's books to be translated into a foreign language.

The second edition of *Coping With Trauma* debuted in 2004. His next book, *Coping With Depression*, is targeted for publication in January 2006.

For his clinical work and educa-

tional writing, Dr. Allen received the I. Arthur Marshall Distinguished Alumnus Award in 1996 from the Menninger Alumni Association.

Web site

Visit the alumni page at: www.menningerclinic.com for news about colleagues and friends.